Our hometown

Pictures of life in Cascade, Iowa

photographs by Shelley S. Knepper
Our seasonal life

One of the best parts of living in Iowa is watching the colors of the passing seasons. And of course, we all know the local wisdom, “If you don’t like the weather, wait five minutes ... it’ll change.”
TOP LEFT: Baseball games light up the town's parks on summer evenings.

TOP RIGHT: Cemetery Hill turns out in gorgeous color for autumn.

LEFT: The North Fork of the Maquoketa River tumbles past a greening springtime Riverview Park.
Our spiritual life

Life in our beautiful corner of the world seems to inspire faith. Cascade has a strong spiritual history that is reflected in the area's churches.

*TOP*: Parishioners attend a weekday Lenten mass at St. Martin's church.

*ABOVE CENTER*: St. Mary's church in Cascade, St. Martin's church in Cascade, and Sacred Heart church at Fillmore.

*RIGHT*: St. Patrick's church at Garryowen.
LEFT: First Communicants gather around Father Loecke.

BELOW: St. Peter’s Church at Temple Hill, and the Community Presbyterian Church in Cascade.
ABOVE: Each morning, coffee groups form throughout town. This group occupies the booths at McDermott Oil.

RIGHT: Industry has blossomed in Cascade in recent years, making manufacturing jobs a major part of daily life.
Our daily life

Whether gathering to catch up on the day’s news, working in any number of local businesses, or stopping for a meal at one of Cascade’s family-owned restaurants, daily life in our town has a comfortable familiarity and comradery.

TOP LEFT: Patrons gather for lunch at The Bent Rim.
TOP RIGHT: Mayor Greg Staner at his day job in quality control at Webber Metals.
BOTTOM: Cascade’s First Avenue remains an artery for the town’s daily life.
RIGHT: The Mays Brewery building, built in 1872, today has a more philanthropic life as the area’s food pantry.


ABOVE: Cascade’s landmark stone silo, along the west bank of the Maquoketa River.
Our historic life

Cascade’s past still shines today in the landmark structures that decorate our streets.

**TOP:** Lane (Bisenius) house on 4th Ave. SE, built 1830.

**CENTER LEFT:** Bisenius house, 2nd Ave. SW, built 1908.

**CENTER RIGHT:** Frey house, formerly the St. Mary's rectory, on Grant Street SW, built 1914.

**BOTTOM:** First Avenue’s silhouette has hardly changed since the turn of the 20th century.
Our outdoor life

From sports to gardening, we are drawn to the great outdoors. Active school- and community-based athletic organizations draw our kids to local parks and our entire families follow.

Additionally, the Cascade Garden Club encourages everyone in the community to make the best of their outdoor spaces.

As a result, you can find Cascade bustling with activity, outdoors and in, any time of the year.
TOP: Children play on the snow pile outside St. Martin’s church.

BOTTOM: The field at the American Legion Post 528 is a shady oasis for community events.
Our school life

Cascade has a long tradition of academic excellence, which is matched by the success and popularity of school activities. What would be an unusual experience in other communities - teachers that instruct multiple generations of one family - is a fact of life here. Our students get every opportunity to perform at their personal bests and grow to enrich our community in their adult lives.
LEFT: Students bustle through the corridors between classes at CHS.

BELOW: Aquin Elementary School.

ABOVE: Cascade Elementary School.

LEFT: Cascade Junior-Senior High School.

LEFT: The Cascade High School Marching Band in the annual Homecoming parade.
TOP: Cascade’s Volunteer Fire Department returns from a call.

CENTER: Members of the American Legion Post 528 and the Knights of Columbus perform their Memorial Day tribute to our fallen veterans.

BOTTOM: Residents gather in a local farmhouse to take part in Iowa’s first-in-the-nation caucuses.
Our community life

There is a quiet pride in Cascade that is well deserved. We see it in the tidy lawns along quiet residential streets. We recognize it in the volunteers who protect us from harm, honor our fallen heroes, and coach our children. We hear it when we gather to make our voices heard and take part in civic life at any level.

Cascade is a pretty town in an idyllic countryside, but it’s the people who live here that make it something special.

*TOP: Grant Street in the fall, looking from St. Martin’s church to St. Mary's.*

*LEFT: Father and son cross the football field after a morning game.*
Our rural life

Anyone who says Iowa is flat hasn't visited Cascade. The beauty of the rolling, verdant hills that surround us feed our spiritual and creative lives, just as surely as the crops that sprout from them and the cattle that graze on them feed our nation and the world.